



## Scuba skills required on 4 dives completed over 2 days.

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| <b>DIVE<br/>1</b> | <input type="checkbox"/> Equipment preparation, donning and adjustment<br><input type="checkbox"/> Pre-dive safety check<br><input type="checkbox"/> Entry<br><input type="checkbox"/> Buoyancy check/weight check (Float at eye level with no air in your BCD)<br><input type="checkbox"/> Controlled descent<br><input type="checkbox"/> Underwater exploration<br><input type="checkbox"/> Ascent  |
| <b>DIVE<br/>2</b> | <input type="checkbox"/> Equipment preparation, donning and adjustment<br><input type="checkbox"/> Pre-dive safety check<br><input type="checkbox"/> Entry and weight check<br><input type="checkbox"/> Descent<br><input type="checkbox"/> Regulator recovery/clear<br><input type="checkbox"/> Buoyancy control (fin pivot - with low pressure inflation)<br><input type="checkbox"/> Mask clearing (both partial & full flood)<br><input type="checkbox"/> Alternate air source use (donor & receiver + inflate BCD orally on surface)<br><input type="checkbox"/> Underwater exploration<br><input type="checkbox"/> Ascent<br><input type="checkbox"/> Weight removal at the surface                         |
| <b>DIVE<br/>3</b> | <input type="checkbox"/> Equipment preparation, donning and adjustment<br><input type="checkbox"/> Pre-dive safety check<br><input type="checkbox"/> Entry and weight check<br><input type="checkbox"/> Free Descent<br><input type="checkbox"/> Buoyancy control (fin pivot - with oral inflation)<br><input type="checkbox"/> Mask clearing (full flood)<br><input type="checkbox"/> Underwater exploration<br><input type="checkbox"/> Ascent  |
| <b>DIVE<br/>4</b> | <input type="checkbox"/> Equipment preparation, donning and adjustment<br><input type="checkbox"/> Pre-dive safety check<br><input type="checkbox"/> Entry and weight check<br><input type="checkbox"/> Free Descent<br><input type="checkbox"/> Buoyancy control (hover for one minute)<br><input type="checkbox"/> Mask removal, replacement and clear<br><input type="checkbox"/> Underwater exploration<br><input type="checkbox"/> Ascent  |
|                   | <p><b>Open Water Dive - Dive Flexible Skills</b></p> <p>These are the dive flexible skills that must be completed. Surface skills may be completed on any dive, but underwater skills may only be completed on Open Water Dives 2,3 or 4.</p> <input type="checkbox"/> Cramp removal<br><input type="checkbox"/> Tired diver tow<br><input type="checkbox"/> Surface swim with compass<br><input type="checkbox"/> Snorkel/regulator exchange<br><input type="checkbox"/> Remove/replace scuba<br><input type="checkbox"/> Remove/replace weights<br><input type="checkbox"/> Controlled Emergency Swimming Ascent (CESA) + (oral inflation on surface)<br><input type="checkbox"/> Underwater compass navigation |

